- 1. Begin Wellness and Nutrition electronic worksheets and guizzes (DUE 4/2)
- 2. Read Stress Article (attached) and answer Google Form questions "Taking Note of Stress". https://docs.google.com/forms/d/e/1FAIpQLSdSIp6fiVti4yX5m8XaqJ6ekOrG-uCusNO1_-kJSCcQ-lJIQw/viewform?usp=sf_link
 - 3. Start Wellness Campaign Project- Read attached instructions. Can be a PowerPoint or you can submit a picture of your persuasive poster. Follow Rubric (attached) Have FUN with it and be UNIQUE! (DUE 4/3)

3/31 (due by 10pm unless specified)

- 1. Review for Communications Test tomorrow
- 2. Vocab Quiz O & P (platform to be determined and time)
- 3. New Vocab: Q-W Vocab https://quizlet.com/_86llmy?x=1jqt&i=1ieuwi

4/1 (due by 10pm unless specified)

- 1. Review attached "You Are What You Eat" PowerPoint. Complete Google Form questions https://docs.google.com/forms/d/e/1FAIpQLSeV_31PT8LhFuWs8o2NvYy618vXQ9f18ZhCwQ TyNlhtotQ5BQ/viewform?usp=sf_link
- 2. Communications Test (HC21) Module will open from 10am-12pm. Let me know beforehand if you cannot test during this timeframe.

4/2 (due by 10pm unless specified)

1. Completed Wellness and Nutrition electronic worksheets and ALL guizzes

4/3 (due by 10pm unless specified)

- 1. Submit Wellness Campaign Project
- 2. Study your Q-W VOCAB words for Quiz on 4/7
- 3. Tell me something good!! Write 1-2 paragraphs about how your week has been. What have you been up to? What do you miss most about school? How are you staying connected to friends? I MISS YOU ALL 3
- P.S. I've attached an e-learning letter with a work calendar through May should we need to be out of school longer.

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